BCRPVPA GENERAL MEETING MINUTES

Date: Thursday, Oct. 15, 2026 @BCPVPA Office, 525 10 Ave., Vancouver, BC
Time: 10:00am

Present:
Deborah Luporini
Marsha Arnold
Lanny Young
Sandra Kinnon
Jessica Antosz
Sher Baerg
Bonnie Deren
Jeff Larcombe
Ian Kent
Eileen Phillips (on Zoom)

Executive Members:

President Deborah Luporini
Website: mail, bcrpvpa info line

Vice-President - (vacant)

Treasurer Lanny Young
Snacks at meetings

Secretary Sandra Kinnon

Marsha Arnold
Affinity and Benefits
E blasts

Past President (vacant)

Members-at-Large:
Jessica Antosz - Membership
Sher Baerg
Bonnie Deren - Sunshine
Ian Kent
Jeff Larcombe - Scholarships

Executive Meetings for 2026-27
Tuesday, December 1, 2026 in-person
Tuesday, February 2, 2027 zoom
Tuesday, April 6, 2027 zoom

General Meetings for 2026-27
Tuesday, January 26, 2027 in person
Thursday, March 4, 2027
Tuesday, May 18 **AGM,** 2027

Agenda: 1. Welcome
2. Approval of Agenda
3. Treasurer's report – Lanny

Financial Report as of June 30, 2026

Financial Position

Fund Balances as of June 30, 2025 - **$ 38,473** Fund Balances as of June 30, 2026 - **$ 46,050**

Statement of Operations

Revenue from July 1, 2025 to June 30, 2026 - **$ 32,105** Membership – *$23,760*
Investment Interest - $ 905
Hearing Life Annual Scholarship - *$ 5,000 (for 2025 & 2026)* Affinity Program Royalty - *$2440*
(Hearing Life) - *$* 1,110
(Belaire Direct) - *$1,330*

Expenditures from July 1, 2025 to June 30, 2026 **$ 24,528**
Communications/Technology - *$ 1,712*
Meeting Costs - *$3,022*
Student Scholarships/Bursaries – $ 14,700
Governance and accounting fees for year-end- $ 5,052 Bank Charges (e transfers and wire transfers) - $ 42

Excess of Revenue over Expenditures as of June 30, 2026
$ 7,577
Balance as of Oct. 14, 2026 is $38,473

NOTE: - Budget for 26/27 has extra meeting costs of $5k for up to 5 members claiming travel expenses up to $1k each

- Ian requested discussion at Dec. Exec. Mtg. & Jan. Gen. Mtg. concerning our $30K in term deposits & where we see the organization heading

4. President's report - Deborah

•Completed the data submission for our annual membership dues. We received a significant number of membership applications this summer. Yeah!
•Submitted the updated constitution to the Society's Act page and completed our annual check in.
•Spent a large part of the summer finding and updating missing information on our membership list: pension numbers, emails, member numbers. This is still a work in progress.
•Organized a banner and some pen giveaways for our fall conference in connection with the BCPVPA.
NOTE: - attending Oct. 23rd, Sutton Place to inform potential new members; at Dec. Exec. Mtg. will discuss perhaps full page ad in BCPVPA magazine
•Completed a fall update for our members.
•Prepared the October 29 luncheon invite with Jessica and Lanny.

Thoughts going forward:
•Everyone should consider 2FA (two factor authentication) for their email. It adds security for you and your personal information.
•We consider reducing the number of general meetings and executive meetings by 1 next year (2027-2028) , possibly the Jan or March general

meeting. Reducing the general meetings by 1 also reduces the newsletter from 4 to 3. Will discuss at Exec. Mtg. in Dec.

5. Affinity & Benefits - Marsha

Communications and Technology

Respond to emails re insurance, travel, and other queries from both members, non members and affinity partners as well as BCRTA.

Continue to update website and provide links on our website– driving members to our website. Eblast – election information, technology and belairdirect contest sent through email.

Our New Horizons Grant Options for Membership
This Fall, Connected Canadians is offering 6 free online workshops and 2 training webinars for members, their family and friends 50+. I just sent out a reminder to members. Look for mentors ($250 honorarium) and those who wish to learn more about cyber safety.
In the new year, we will be sponsoring 6 more online courses and February an in-person workshop in Surrey and in March an in-person workshop in Victoria. Effort to connect with additional regions.

OnlineTraining:

- BCRPVPA & BCRTA Technology Mentor Training Poster
- BCRPVPA & BCRTA Cyber Safety First Aid (CSFA) Training Poster

Online Workshops:

- October Workshops (Financial Scam & Identity Theft Prevention) - BCRPVPA & BCRTA Poster
- November Workshops (Banking & Shopping Online) - BCRPVPA & BCRTA Poster

Free technology Support:

One-on-One Customized Training — Connected Canadians / Canadiens Branchés Or call Connected Canadians at **1-877-304-5813** to book an appointment. **NOTE: anyone can access this; don't have to be BCRPVPA member**

Affinity and Benefits

Reminding members that we have a wide range of benefits: Benefits - BCRPVPA Callia flowers, Perkopolis, Iris Vision, Park N'Fly, EMS savings, West Jet, Fresh Prep, Bell, Rogers, Enterprise, Avis, Collette, Belairdirect Home, Extended Health and Travel Insurance, A+ Travel and Whistler Travel Perks and much more.

Perkopolis – Presently we have just 17 active members. Did you realize everything from vitamins and health products, to clothing, services, furniture, flowers, technology, travel, hotels, rental cars, and recreation discounts. Have you signed up? I can provide you with your one-time BCRPVPA passcode.

Park N'Fly has a new passcode -**117055-**that members will need to contact info@bcrpvpa.ca to receive. Had to change as we had over 2000 people use the code in the past year. In otherwards non-members
shared the code mostly in Ontario and Quebec. The rep was actually pleased that it was being used, but together we decided to change in order to better reflect our actual membership. I just used it while away this September and saved $131.00. You must book ahead to access the savings. If you use the Park 'N Fly app, it's a quick in and out. Shuttle is also easy to use at

Rogers Preferred Program

There are currently new offers available through the **Rogers Preferred Program (RPP)**, including special pricing and financing options on select devices, as well as potential savings when combining services. You can visit the **RPP website** at **www.rogersepp.ca** to explore the current phone pricing. Once you've had a look, simply let us know which phone or option works best for you, and we'll give you a call to go over the details and finalize the offer.
You can also **process the order online or** give us a call and we'll be happy to assist you. ** **1-844-202-0642 Ask for Jahnavi**

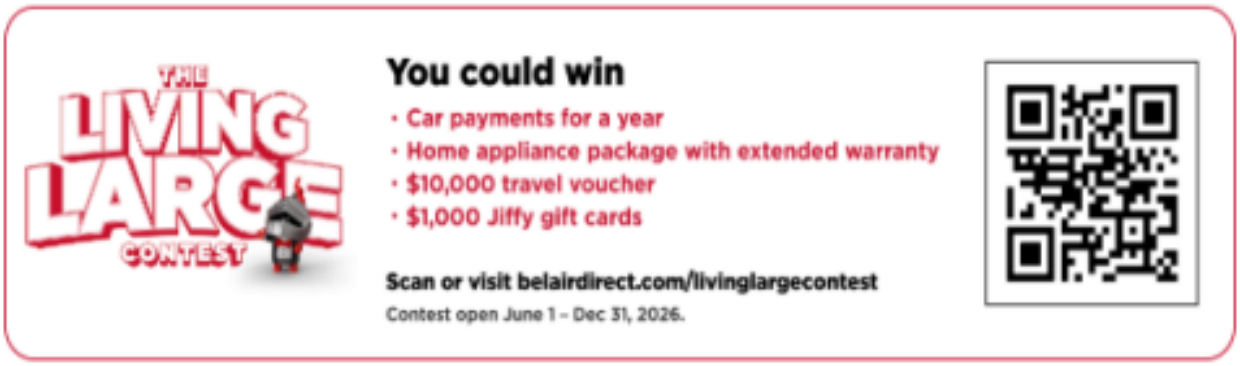
Belairdirect

For Travel insurance (formally Medoc) we receive the C1 rates while BCPVPA members receive C6 rates. Chart posted on website. Please change your affiliation to BC **Retired** Principals as you could get better rates!! For your **travel insurance price**, visit **belairdirect.com/travel-groups** or call 1 833 583-3643 and mention BC**R**PVPA. Savings: Belairdirect Home insurance then you an additional 5% off Travel.

To get your **home insurance quote**, visit **belairdirect.com/start-saving.** Savings: If you have belairdirect Insurance and have paid off your mortgage and/or have made improvements (e.g. Furnace, windows) you could get up to $500 more off your premiums.

BCRTA's Dogwood Gold Extended Health Insurance and Travel Insurance (through belairdirect) This plan can be an enhancement or replacement to Green Shield or your current group coverage. Plus, if you join within 60 days of ending your group coverage, you

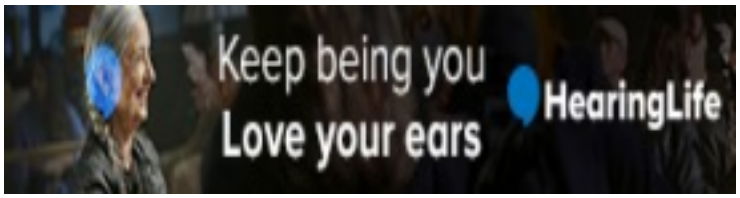
won't need to submit any medical proof of insurability. After the 60-day window, you are required to provide medical proof of insurability. You can continue to change your extended health care coverage every 365 days, if you wish, if you have had continuous EHC coverage. [Extended Health Plan Comparison - Green Shield (TPP Plan) versus BCRTA] [Dogwood Extended Health • BC Retired Teachers' Association]



Hearinglife

When you or your family members get a **free hearing test**, BCRPVPA receives a reward that goes towards our scholarship fund. Hearinglife **price matches** and **gives 10% discount** for hearing products for you and your family. There are trained audiologists at various offices throughout BC.

Remember to indicate that you or family members are connected to BCRPVPA when completing the intake form. Hearing loss contributes to dementia and everyone's quality of life.



Call or email to book:

☎ 1-855-559-4831 https://www.hearinglife.ca/book-a-consultation

Newsletter

Where in the World is Jessica A. Contest winners include our own Bonny Deren, Brian Worten from Bowser and Gloria Humphrey from Kamloops. Why not give it a whirl? Win a $25 gift card!

HELP NEEDED - Always looking for articles, quizzes, puzzles, jokes, items of interest, photos, etc. communications@bcrpvpa.ca or info@bcrpvpa.ca

COSCO - Council of Senior Citizens' Organizations of BC – I will include their September newsletter link in our Fall issue. Read here - **View September 2026 COSCO News** Bonnie attended online meeting in September - was tight, action oriented, worthwhile- lots of supports for older people

THANKS TO MARSHA…for keep on top of all of the above for us!!

6. Membership – Jessica

831active members

2 deceased; 1 resignation

7. Scholarship and bursary update – Jeff

- Numerous thank you's and lots of appreciation have been received
- Committee members for 2026-2027 (Jessica Antosz, Jeff Larcombe, Don Boyd, Don Beadle, Joy Ruffeski, Vivian Rygnstead, Yoland Martinello for spreadsheet), - first meeting on Zoom, Nov. 16th, 2026 @10:00am - becoming more of a year round committee
- Lanny suggested Alan Buggie one to approach about being part of committee next year

8. Sunshine report - Bonnie

- Let her know of any members experiencing difficult issues
- 3 deceased members whose names go into Chronicles & Capers

9. New business – Deborah

- for October 29th luncheon, in Nanaimo, have 10 so far & second invite sent to members
- for Feb. 26th, in Victoria, restaurant is "Fireside Grill"

10. Next meeting:

General: Tuesday, January 26, 2027: in-person

NOTE: Guest speaker will be Diana Crutchley who is known for her "Indispensable Binder" that suggests a way of organizing important life details…in an emergency, like a fire, one of the first things to grab!

Exec: Tuesday, December 1, 2026: in-person

11. ADJOURMMENT: 10:50 am

11:00 am SPEAKER: BC Dietitian **Patricia Good**

“EAT WELL, LIVE LONG”

Patricia’s Good’s presentation explored how food, beverage, and eating habits impact longevity and quality of life in later years. She discussed age-related conditions like type 2 diabetes, cardiac disease, and other diseases alongside gut microbiomes health and cognitive decline prevention.

Patricia Good worked as a registered dietitian for 33 years, throughout Vancouver Island and Vancouver in hospitals and care homes. Recently retired from a long and rewarding career with Island Health, she continues to share her nutrition knowledge by volunteering with the Mid Island Elder College, leading a course called Eat Well, Life Long.

https://bcrpvpa.ca/speakers-presentations/