

Connected Canadians Workshop Offerings

About Connected Canadians

Connected Canadians is the nation's leading digital inclusion charity providing technology training and support to Canadian seniors, fostering digital literacy skills and reducing isolation and loneliness. Through partnerships with senior communities and other senior serving organizations, we provide remote one-on-one training sessions, volunteer training and workshops.

Many of our technology mentors are new immigrants to Canada who benefit from the conversational opportunities with our senior clients, while our clients feel a sense of pride and connection welcoming newcomers into our communities. The intergenerational and intercultural connections made through our programs are beneficial to both our clients and mentors. **By 2030, our goal is for all Canadian seniors to have access to free technology training and support.**

Standard Workshops

Hosted via Zoom or on-site where possible by one of our Connected Canadian instructors

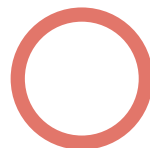


Virtual Workshop Duration

- 45 to 60 minutes in length

In-Person Workshop Duration

- 2-3 hours in length



- 1 Accessing Government Services**
Discover how to navigate Government of Canada websites safely and securely. This workshop will guide you through essential online services, including renewing your passport, updating your address, accessing pension information, and more.
- 4 Getting Help with Technology**
Learn how to troubleshoot your personal device, locate and know your device information, search for the right information, and get help online when you are stuck.
- 7 Phishing Scams & Internet Safety**
Learn how to recognize email phishing scams and helpful prevention tips to protect yourself (and gain confidence).
- 10 Watching Videos Online**
Ever wanted to find your favourite concert from 1956, online? Learn what YouTube is, how to access the website or application, and how to find interesting videos and more!
- 13 The Importance of Connection in Relation to Mental Health**
Learn how personal connections are vital to mental health. Connecting online can help you supplement in-person connection by letting you discover communities, share with friends and family, connect digitally when you can't meet in person, and even access mental health services.
- 16 Preparing to Learn Online *NEW**
Learn how to use your browser as a tool to explore the wealth of information on the internet. Participants will learn to find, bookmark, and share reliable information.

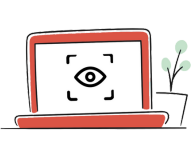
- 2 Digital Documents**
Discover how to create, organize, and securely store digital documents to preserve important information. Explore popular tools and platforms, including cloud-based services, to share and access your files seamlessly across devices and online.
- 5 Google Maps and Google Places**
Learn how to find useful information on the places you want to go, including directions, reviews and how to ask questions using Google Maps, Google Places, and more!
- 8 Safe Digital Connections**
Learn how to connect your device to the Internet at home and in a public place safely and effectively.
- 11 Introduction to Zoom**
Learn the basics of using Zoom, including what Zoom is, how to get Zoom, and how to best use this video conferencing tool plus fun tips and tricks!
- 14 Banking and Shopping Online**
Learn useful techniques for protecting your digital information, how to safely navigate the world of online banking, and how virtual shopping responsibly can be a simple and time-saving process.
- 17 ChatGPT & AI: Navigating the Digital Conversation *NEW**
Learn what ChatGPT is, how you can use it, and how to ask it questions all while keeping your information private and understanding how reliable ChatGPT's answers are. Plus, see AI tools for translating text, playing games, and getting recipe ideas.

- 3 Getting Around Ottawa Easily Using Technology**
Learn how technology can help you get around your city easily whether you're driving yourself, taking a bus or using a ride service.
- 6 Music and Technology**
Ever wanted to find out what song is playing when you're out at the mall? Learn tools and popular music applications that help you to find and share music online!
- 9 Recognizing Fake News**
Learn how to be critical of what you read and see online! Recognize the signs that information is not credible, is biased, or is incorrect to easily identify fake news when you see it.
- 12 Logging Out: Preparing Your Digital Life for End of Life**
Learn how to prepare your digital accounts for end of life. Find out how to designate legacy contacts, memorialize accounts, and discover best practices for ensuring your documents and information are safe.
- 15 Increasing Digital and Financial Literacy**
Learn how to use online banking tools to safely and securely manage your finances and complete tasks like depositing cheques, checking statements, sending e-transfers, paying bills, and much more!

Thanks to our supporters for helping to make these workshops possible



Accessibility Workshop Series Making Technology Work for You!



Making Technology Work for You! When Things are Hard to See
Learn how to adjust settings on computers so that they are more accessible to use for those with minor vision loss.



Making Technology Work for You! When Mobile Devices are Hard to See
Learn how to adjust settings on mobile devices so that they are more accessible to use for those with minor vision loss.



Making Technology Work for You! When Movements are Hard
Learn how to adjust settings on devices so that they are more accessible to use for those with motor control challenges.



Making Technology Work for You! When Things are Hard to Hear
Learn how to adjust settings on devices so that they are more accessible to use for those with moderate to severe hearing loss.



Making Technology Work for You! When Technology is Overwhelming
Caregivers and seniors experiencing cognitive decline will learn how to simplify their device user interface to reduce confusion.

To Learn More

To book a workshop, training, or to otherwise learn how Connected Canadians can support your community, visit our website at www.connectedcanadians.ca, or reach out via: **PHONE:** 1-877-304-5813 (Toll-free) **EMAIL:** info@connectedcanadians.ca