
Chronicles & Capers

April-May 2023 Newsletter, Issue #93

BC Retired Principals' & Vice-Principals' Association



BCRPVPA News

The Executive wishes BCRPVPA Members a super Spring season. All the best with gardening.

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Annual General Meeting:
Wednesday, May 17th, 2023
10:00/am; 9:45 Social

2022 – 2023 BCRPVPA EXECUTIVE

President: Christine Johnson
Past President: Ted St. Pierre
Treasurer: Lanny Young

Membership: Deborah Luporini
Communications: Marsha Arnold
Scholarships: Jeff Larcombe,
Christine Johnson, Paul Taylor, Ian
Kent, Yolande Martinello
Website Committee: Ted St. Pierre,
Marsha Arnold, Jeff Larcombe, Paul
Taylor, Christine Johnson
Benefits/Affinity + Pension:
Marsha Arnold

The following positions are Vacant:

- Vice President
- Secretary
- Members-At-Large

April-May 2023 Newsletter Editor:
Ted St. Pierre

President's Letter, April 2023



Happy Spring, Everyone!

I think that I love this time of year when Daffodils are in bloom and Cherry Trees are making their entry into our lives, The ducks in my neighbourhood park have chosen their partners as have the rabbits and, in a few weeks, ducklings and bunnies will join us. Then I love Summer when all the garden plants are in their fully grown state and add so much colour to our lives. Autumn comes along and the change of colours makes driving or walking a constant source of “Isn’t that tree so beautiful in its state of orange? Then follows the incredible whiteness of Winter and I think that my mind isn’t quite made-up.

Imagine, if you will, inhabiting the same climate on a daily basis!

We are so fortunate to be witnesses to the changing of the season and to watch four distinct seasons.

We are so fortunate in many ways! Thanks to our Teachers’ Pension, the lack of money isn’t a daily worry. We have so much to be grateful for!

Be thankful that you belong to an Association that works towards the wellbeing of its members. Education is a hard way of life to give up. The Executive is always looking for ways to respond to the needs of members.

Our latest Guest Speaker answered a need. It’s a pity more of you were unable to join us to find out about Aging in the Community from Sue Lantz, a dynamic speaker. Visit her website at www.collaborativeaging.com.

Feel free to join our Executive from anywhere in this four-season province.

For more information email me at info@bcrcvpa.ca.

Cheers,
Christine (Johnson), President

PAST PRESIDENT'S REPORT, Ted St. Pierre

Please continue to send newsletter articles to info@bcrpvpa.ca

The next deadline for articles is :

**Wednesday, May 24th, one week after
the Annual General Meeting, Wednesday May 17th**

BCRPVPA new website:

The new bcrpvpa.ca website has been operational since March 1st, 2023.

SCHOLARSHIPS: The Scholarship Committee received eighty-seven applications from Grade 12 students this year. The majority were received from the website's online applications. Many thanks to the Committee for the hours of careful review of each application in order to name the successful applicants.

BCRPVPA MEMBERSHIP:

Retired Principals & Vice-Principals can also now apply online on the bcrpvpa.ca website to join our excellent retired Association.

The Election of the 2023-2024 Members of the Executive:

BCRPVPA Members are invited to join the Executive for the upcoming fiscal year. The Executive works cooperatively in establishing scholarships; newsletters; Member updates; Affinity, Benefits & Pensions; technology (website) updates; General Meeting minutes; Financials; to name a few.

BCRPVPA Members who would like more information about joining the Executive are invited to contact our email address info@bcrpvpa.ca.

Elections will be conducted at the May 17th AGM, according to the BCRPVPA format as indicated on the bcrpvpa.ca website, under the caption CONSTITUTION, Article 9.

ARTICLE 9 OFFICERS and EXECUTIVE MEMBERS
(as per the BCRPVA Constitution)

- 9.1) Officers of this Association shall be the President, the Past President, Vice-President, the Secretary, and the Treasurer.
- 9.2) The Executive Committee of the Association shall consist of the President, Past President, V-P, Secretary, Treasurer and 5 to 9 Members-at-Large.
- 9.3) Unless elected by acclamation, the members of the Executive Committee of the Association shall be elected by secret ballot at an Annual General Meeting with nominations being accepted from the floor.
- 9.4) If for any reason a vacancy occurs in the membership of the Executive Committee, the President, acting on the advice of the remaining members of the Executive Committee, may appoint a Member to fill the vacancy until the next Annual General Meeting.

MEMBERS-at-LARGE shall: (as per the Constitution & revised 2021 Bylaws)

The Members-at-Large shall:

serve and assume various responsibilities within the Communications Committee and/or the Member Services Committee to assist the executive committee.

Areas of responsibility of the Communications Committee include Technology, Website, Newsletter, Yammer, Mail-outs, Mentorship, and Surveys.

Areas of responsibility of the Members Services Committee include Membership, Sunshine, Speakers, Affinity. Scholarship, and Pensions. Each area of responsibility will have several Members-at-Large serving it and the lead individual will change yearly to promote knowledge of the Association and succession.

Chapter Council Report, Feb 10th & 11th, 2023

The main focus of this CC Meeting was on what is being carried out at the Ministry of Education level and at the school level to combat anti-racism in the school system.

There was a very well-prepared session about the Métis Nation presented by two educators from the Métis Nation.

Each person present was a recipient of a book about the Métis.

There was also information of participation in the FINESC Conference (First Nations Education Steering Committee).

There were also reports in the area of anti-racism from the Minister of Education & Child Care (Hon, Racha Singh), from the Assistant Deputy Minister, System Liaison and Supports Division (Jennifer McCrea MOE), from the Director of Workplace Development (Linda Beddouche, MOE), and from the Senior Manager, Strategic Talent Acquisition (Andrew Jang BCPSEA).

It was pointed out that each School District is asked to include a section on anti-racism on its website.

It is worthy of note that Brian Leonard, the President of the BCPVPA addressed the CC on an ongoing basis and that Mike Roberts is currently acting as Executive Director of the BCPVPA.

Submitted, Christine (Johnson), President BCRPVPA

BCRPVPA Student Scholarship Recipients 2022
(Previous newsletters named other successful students)

Scholarships 2022

Grace (\$1000 student scholarship recipient 2022)

Scholarship winner Grace is a well-rounded individual with an impeccable student record, achieving 97% in her core studies in French Immersion. She has sought out volunteer service opportunities at school and in her community and has been recognized for her leadership in her school district.

Grace volunteers weekly at extended care homes, spending time visiting and helping the residents. These activities have nurtured her interest in a career in the Healthcare System as she moves into post-secondary education.

In addition to her participation in school clubs such as Students for Change, Grace's passion for French Immersion learning has led her to participate in supporting potential candidates for continuing their immersion studies in high school. She has volunteered as a mentor and sponsor for new students providing coaching and orientation for incoming French Immersion students.

Grace was recruited at the district level for Destination Imagination BC to lead her own school team. Destination Imagination is an educational-based creative problem-solving program designed to encourage participants to work collaboratively to solve challenges and is committed to inspiring Innovation and Leadership among participants. She has represented her School District in the Destination Imagination tournament for the last two years.

We wish Grace every success in her education and her future endeavours.

Jayen (\$1000 student scholarship recipient 2022)

Jayen is a most deserving recipient of our scholarship. He is a top student and has received certificates for excellence in Mathematics, Science, Humanities and Accounting in addition to helping his community and school with many hours of volunteer service. He has also been acknowledged provincially as a targeted high-performance athlete by Field Hockey BC and the Canadian Sport Institute.

During his years at Secondary school, he has been the leader of the Global Issues Club, presenting events and information sessions on humanitarian and environmental issues. He has led food and clothing drives for local charities such as the Nightshift Ministries and the Food Bank. He also volunteers his time as an Umpire in girls 'field hockey.

In the community Jayen divides his time between coaching youth and helping seniors in Assisted Living Centers. He has also been a member of the Crime Prevention Society doing regular foot tours in neighbourhoods and reporting dangerous situations or incidents.

Jayen plans to attend Simon Fraser University with a goal to become a Doctor of Dental Medicine. We wish Jayen the very best in his educational and career goals.



Kathy (\$1000 student scholarship recipient 2022)

Kathy is an exceptional student, graduating a year early with a Double Dogwood in French immersion. She is described as a passionate and self-aware individual who is inspired to help and care for others. Kathy has been very active as a volunteer both in the community and in school. She is planning to join the military to pursue a career in nursing and as a paramedic.

At school, Kathy has received awards for Excellence in Science Humaines (Social Studies), Most Sportsmanlike Athlete, Athlete of the Month, and the Principal's List for Academic Excellence. She has been involved with the Leo (fundraising) Club, Girls Financial Literacy, the Yearbook, and student clubs for helping others.

Her volunteer work has been most impressive, participating in St. John Ambulance Youth Cadet program and more recently The Vancouver Police Department Cadet program where she achieved the rank of Sergeant and was responsible for delegating activities for 10 other cadets. Additionally, she volunteers at St. John Ambulance, Vancouver Aboriginal Health Society, and the Polish Student Society of the University of Toronto as a video editor/producer/translator.

Beyond academics and volunteering in the community she has participated in multiple sports including track and field, field hockey and ice hockey where she served as captain of her club team.

It was our pleasure to award a scholarship to Kathy. We wish her every success in her future plans and goals.



Some thoughts about retirement:

❖ How does retirement affect you positively?

You may be more relaxed, and your life may slow down. Loss of work-related stress may be a great relief and good for your health, but losing the daily structure and your work relationships can also be stressful and harmful to your health. In fact, retirement is ranked 10th on the list of life's most stressful events.

❖ **Are retirees happy with their retirement?**

Older people may enjoy a greater sense of well-being because of the availability of saved funds, and private pension benefits that provide them with income after they retire. For many retirees, pensions provide a significant percentage of income in retirement, eliminating much stress.

❖ **So those retirees who take care of themselves in retirement and maintain a healthier lifestyle are generally happier than those who do not?**

Happy retirees are fans of what Moss calls the “ings.” These are low-cost forms of exercise such as walking, swimming, biking, and hiking.



Yammer changing into Viva Engage

If you have the Yammer app you will have already seen the transition to a new icon and the name **Viva Engage**. Nothing for you to do as it has been moved seamlessly from one platform to another. If you are not part of Yammer or Viva Engage, please contact info@bcrpvpa.ca for access.

For over 10 years, Yammer has been the social fabric for Microsoft’s productivity cloud, bringing community and conversation to people. However, in an increasingly distributed world of work and community engagement it is essential as people and teams come together effectively. Microsoft has introduced Microsoft Viva Engage as an evolution of the Yammer Communities app.

TRAVEL

2022 Spring into Collette Travel Sale Details

- 20% off River Cruise style tours & tours featuring the Oberammergau Passion Play
- 15% off tours to South America, Middle East, Europe, Africa, Asia & the South Pacific
- 10% off tours to North/Central America and Small Group Explorations style tours
 - Booking window: 12 Days only! **April 25 – May 6, 2022**
 - Travel window: **May 1, 2022 - Apr 30, 2023**
 - Offer codes: **SPRINGSAVE and BCRPVPA**

W: www.gocollette.com/en-ca

[Discover the Rivers of France and Portugal](#)



Join us on a fabulous river cruise adventure departing on June 15th, 2024!

These two cruises link seamlessly to create this fifteen-day itinerary. Start with seven nights cruising the Douro River through Portugal and into Spain, before a flight to Lyon to join the Emerald Libertè for a second seven-night cruise along the Rhône and Saône Rivers.

The Latest Emerald River Cruise Offer- Early Access/ Early Bird: Expires [July 31st, 2023](#).

If you book prior to [July 31st, 2023](#), your river cruise **will include roundtrip airfare from Vancouver. This is a significant savings!**

If 12 or more passengers book on this group – Choice of Extended Drinks Package – Unlimited Draft Beer, Wine and Soft Drinks on-board (no mini-bar) or \$100 CAD discount per person or 100 Euros On-board credit per person.

<https://bcrpvpa.tripmerchant.ca/tour-item/discover-the-rivers-of-france-portugal-june-15th-2024/> Password: **BCRPVPATM18**

Contact Tom McLean Toll-Free: 1-800-481-9739

Email: tom@tripmerchant.com Website: [BCRPVPA – Travel \(tripmerchant.ca\)](#)

Join the newsletter with the access link **BCRPVPATM18** to stay up to date with many travel options.

OTHER BENEFITS

Check out our website [Benefits - BCRPVPA](#) for many savings opportunities! From Hearing aids and glasses to computers and rentals!



<https://www.perkopolis.com/> Contact info@bcrpvpa.ca for your personal savings code

Callia flowers. Canadian Female owned.
10% off first order – use code BCRPVPA when checking out. Will send to many places including USA.
[Best Experience Sending Flowers & Gifts in Canada & the US | Callia](#)



Looking for a vehicle?

Carter Auto Group sources vehicles (any make or model including electric) and does their best to help you get a better price (by representing thousands of buyers through an association with numerous professional groups). There are no restrictions on lease, finance or purchasing directly, trade-ins, etc. Contact account manager Tatjana Lisi at tatjana@carterauto.com or 604 655-6811 cell or 604 292-2107 office or toll free 1.877-311-2266 Remember to do your research first. Determine what you want in a vehicle, and she will try to find it for you given our very challenging market. Several of our members have been very pleased with past service from Lyndon.



Fresh Prep

A BC based homegrown meal kit. Fresh, pre-cut, and pre-portioned ingredients are delivered to your door. Fresh Prep Meal Kits as low as \$5 with the promo. (\$50.96 discount value). Members can go directly to www.freshprep.ca/bdbcrpvpa Fresh Prep is dedicated to balancing purpose and profit. From sourcing quality local products, to delivering in reusable and compostable packaging.

CONTACT INFORMATION: Please continue to update changes in email and mailing addresses by contacting: info@bcrpvpa.ca

WEBSITE: <https://www.bcrpvpa.ca>

Upcoming Annual General Meeting:

Wednesday, May 17, 2023, 10 :00/am Social 9:45/am

**BCPVPA Boardroom, #200 – 525 West 10th Ave., Vancouver
Broadway Canada Line Station. Zoom Link Forthcoming**



Succession is vital to continuing as BC Retired Principals & V-P Association. Officers' positions that need to be considered for the 2023-2024 year are the positions of Vice-President, Treasurer, & Secretary.

Members are invited to contact the BCRPVPA email info@bcrvpa.ca for further information on Executive positions, or to volunteer to help out.

Thank you for considering this request.

Movie Game – A Memory challenge

How quickly can you answer these?

- ____ Trek
- Basic ____
- ____ Angry Men
- ____ River
- ____ Soldiers
- Die ____
- Ordinary ____
- Shanghai ____
- Days of ____
- ____ Miss Sunshine
- ____ Of A Lesser God
- The ____ Mile
- ____ Age
- Nothing But ____
- Dirty ____

- A Nightmare on _____
- There Will Be _____
- _____ of Angels
- The Evil _____
- _____ Shift
- Wall _____
- Meet Joe _____
- A Serious _____
- Some Like It _____
- _____ by Me
- The Last _____
- Big _____
- Rosemary's _____
- Freaky _____
- Wag the _____
- The Big _____
- [Mean](#) (ctrl click to follow link for a hint)
- _____



Answers on the next page Score ___/32

Movie Memory Game

How did you do?

- _____ Trek – **Star**
- Basic _____ - **Instinct**
- _____ Angry Men – **Twelve**
- _____ River – **Mystic**
- _____ Soldiers – **Toy**
- Die ____ – **Hard**
- Ordinary _____ – **People**
- Shanghai _____ – **Noon**
- Days of _____ – **Thunder**
- _____ Miss Sunshine - **Little**
- _____ Of A Lesser God – **Children**
- The _____ Mile – **Green**
- _____ Age – **Ice**
- Nothing But _____ – **Trouble**
- Dirty _____ – **Dancing/Dozen/Harry**
- A Nightmare on _____ - **Elm Street**
- There Will Be _____ – **Blood**
- _____ of Angels – **City**
- The Evil _____ – **Dead**
- _____ Shift - **Night**
- Wall _____ – **Street**
- Meet Joe _____ – **Black**
- A Serious _____ – **Man**
- Some Like it _____ - **Hot**
- _____ by Me – **Stand**
- The Last _____ - **Samurai/Duel/Emperor**
- Big _____ – **Fish**
- Rosemary's _____ – **Baby**
- Freaky _____ – **Friday**
- Wag the _____ – **Dog**
- The Big _____ - **Lebowski**
- Mean _____ - **Girls**

Score: _____/32